



Florida Health Grand Rounds Presenter Bio

Childhood Obesity: The Causes and What We Can Do to Fight It

November 14, 2017, 10:00 AM – 11:00 AM

Presented by Michelle Cardel, PhD, RD



Dr. Cardel is a nutrition and obesity researcher and registered dietitian in the Department of Health Outcomes & Policy at the University of Florida. Dr. Cardel received her Bachelor's degree in Biology from Florida State University in 2005. In 2009, she was awarded a Master's Degree in Clinical Nutrition and in 2012, a Doctorate Degree in Nutrition Sciences from the University of Alabama at Birmingham (UAB). She went on to complete her dietetic internship at UAB and the Alaskan Native Medical Center in Anchorage, Alaska. Her research is focused on understanding factors that contribute to the development of obesity and implementing effective prevention and treatment programs for childhood obesity in underserved populations. Her specialties include nutrition, obesity, weight management, pediatric obesity, psychosocial factors contributing to obesity, and health disparities.

Click [here](#) for more information on Dr. Michelle Cardel and her research.